

Soul Care: The Soul Needs Confidence**Sunday 23 June 2019****Home Group questions**

1. To the extent that your group is happy to do so openly, talk about how confident members of the group feel that they are.
2. What holds us back from feeling confident?
3. Why does the soul need confidence?
4. Read Ephesians 3v10-12. Do we approach God with confidence? If not, what obstacles get in the way of us doing so?
5. Read Ephesians 3v14-21. What is this power? Do we sense God's incomparably great power (Eph 1v19)? How could we allow that resurrection power to give us greater confidence?
6. Talk about the particular pressures today to be confident e.g. through social media. We exist together as part of God's family. How can we help one another to feel confident for who we are in God? How can we help those who have an overactive inner critic from the negativity that can bring?
7. Are there any metaphorical walls that anyone in the group senses God wants them to scale (Ps 29v8)? If so, commit to encouraging, supporting and praying for that person.
8. Think about the dimensions of God's love. How can we help ourselves and others to be 'rooted and established in love'?
9. I didn't mention this in the sermon, but John Stott describes a staircase in these verses where we are first strengthened with God's might, then rooted and grounded in love, then we know God's love and finally we are filled up to God's fullness. Do we find it helpful to reflect on where we are on this staircase?
10. Discuss whether/ how we give God glory for the confidence we have in Him and which He has in us.